

### ANNEXURE 3 – SYLLABUS

#### Specialist Medical Officer - Sports Ayurveda & Medical Officer – Sports Ayurveda – Project

Sl. No.	Subject	No. of Questions
1	Management of Sports Injuries through Ayurveda	95
2	Fitness of Sports Person and Athletes through Ayurveda	
3	Marma Therapy for Sports Injuries	
4	Sports Nutrition	
5	Sports Physiology	
6	Sports Injury Management and Rehabilitation	
7	On field Injury Management Techniques	
8	Prevention of Sports Injuries and improving sports wellness through Ayurveda and Yoga	
9	Special Medicinal Preparations for Sports injuries	
10	General English	5
	Total	100