

1. The first Psychological laboratory was established in the year:
A) 1789 B) 1879 C) 1871 D) 1781
2. As per the Psychoanalytic theory of Personality, Oedipus complex occurs during the ----- stage of psychosexual development.
A) Phallic B) Anal C) Genital D) Oral
3. Which of the following is not true of a hypothesis?
A) Hypothesis is a testable hunch
B) Hypothesis is a tentative statement
C) Hypothesis implies a true fact
D) Hypothesis is an educational guess
4. Testing the truth of a proposition by careful measurement and controlled observation is the characteristic of the
A) Correlational method
B) Observational method
C) Case study method
D) Scientific method
5. Which of the following is not true of correlations?
A) Helps to discover relationships
B) Helps to demonstrate causation
C) Helps one to make predictions
D) Helps to identify strength of relationships
6. During drug experiments, random assignment of subjects to different experimental and control groups helps to control
A) Both placebo effect and experimenter effect
B) Only placebo effect
C) Only experimenter effect
D) Error variance
7. Tendency to consider personal descriptions as accurate if they are stated in general terms are referred to as
A) Halo effect B) Barnum effect
C) Esteem effect D) Self efficacy
8. Brain chemicals that do not carry messages directly but regulate the activity of the neurons are known as
A) Neurotransmitters B) Hormones
C) Neuropeptides D) Enkephalines

9. Split brain operation involve the cutting of

A) Cerebral hemisphere	B) White matter
C) Grey matter	D) Corpus Callosum

10. Which of the following is not true of hippocampus?

A) It is important for the formation of lasting memories	B) It lies in the temporal lobes
C) It regulates emotional responses	D) It helps to navigate through space

11. Melatonin is a hormone released in response to daily cycles of light and dark by

A) Pineal gland	B) Pituitary gland
C) Sebaceous gland	D) Thyroid gland

12. Radiations, pesticides, lead poisoning and PCBs come under the category of:

A) Fetal syndromes	B) Teratogens
C) Poisons	D) Injections

13. Lamaze technique is associated with

A) Prepared child birth	B) Prepared child rearing
C) Prepared parenting	D) Programmed development

14. The instinctive and rapid early learning of permanent behaviour patterns is called

A) Following	B) Imitation
C) Imprinting	D) Accidental Learning

15. Parents who enforce rigid rules and demand strict obedience are considered as

A) Authoritarian	B) Proactive
C) Permissive	D) Authoritative

16. The tendency of some parents to talk to young children with a raised tone of voice and an exaggerated pattern of speaking is generally referred to as

A) Signal switching	B) Commanding
C) Parentese	D) Shouting

17. According to Vygotsky, adults guide the process of thinking of children through

A) Moral reasoning	B) Selective Reinforcement
C) Scaffolding	D) Accommodation

18. Which of the following is not directly associated with vestibular sense?

A) Movement	B) Balance
C) Gravity	D) Acceleration

19. The body's warning system involves:

A) Somatic pain	B) Referred pain
C) Visceral pain	D) Sharp pain

20. The process which combines sensations from skin receptors and kinesthetic information from muscles and tendons and provides a reliable source of information for the effective use of a wide range of tools, utensils and objects is known as
- A) Integrated sensation B) Dynamic touch
C) Integrated touch D) Kinesthetic sense
21. The apparent distance hypothesis can provide explanation to the
- A) Horizontal vertical illusion B) Motion parallax
C) Moon illusion D) Muller lyer illusion
22. The medium point of one's frame of reference or internal mental average is called as the
- A) Adaptation level B) Accommodation level
C) Arousal level D) Assimilation level
23. Failure to perceive a stimulus that is in plain view but not in the focus of attention is referred to as
- A) Attention deficit B) Inattention blindness
C) Habituation D) Adaptation
24. According to Robert Ornstein and Paul Ehrlich, the inability of modern people to detect gradual but deadly trends in modern civilization demonstrates
- A) Coping Inadequacy B) Boiled Frog Syndrome
C) Frozen Frog Syndrome D) Belle Indifference
25. Events that defy accepted scientific laws are termed as
- A) Antisocial acts B) Clairvoyance
C) Psychokinesis D) Psi phenomena
26. Zener cards bearing various symbols are used in
- A) Projective tests B) Parapsychological research
C) Memory research D) Attention studies
27. Sleep spindles occur during
- A) Deep sleep B) Light sleep
C) Stage 3 sleep D) Stage 2 sleep
28. The microexperience of sleep while engaged in an activity that demands alertness is due to
- A) The production of more delta waves
B) The switching from delta waves to alpha waves
C) Sleep deprivation
D) The presence of higher levels of sleep hormones in the blood

29. Computer Assisted Instructions are based on the principle of
 A) Programmed learning B) Higher order conditioning
 C) Stimulus generalization D) Negative reinforcement
30. Which of the following is the least important variable affecting the effect of punishment
 A) Timing B) Consistency
 C) Intensity D) Nature of the punisher
31. The process by which memories are updated is called
 A) Constructive Processing B) Evaluative Processing
 C) Critical Processing D) Serial Processing
32. Memories that are reconstructed by starting with one memory and then following chains of associations with other related memories is referred to as
 A) Declarative Memory B) Procedural Memory
 C) Episodic Memory D) Redintegrative Memory
33. The tendency to make the most errors in remembering the middle items of an ordered test is called
 A) Ordinal effect B) Latency effect
 C) Serial position effect D) Medial effect
34. Flash bulb memories are created at times of
 A) Very high emotion B) Very low emotion
 C) Moderate level of emotion D) Critical Moments
35. The switching station between short term and long term memory is the
 A) Cerebrum B) Cortex
 C) Hippocampus D) Medulla
36. Which of the following is not a characteristic of Expert Chess masters?
 A) Organised knowledge
 B) Acquired strategies
 C) Exploration of unproductive pathways
 D) Automatic processing
37. The age range of applicability of Stanford Binet 5 is from
 A) 2 to 60 years B) 2 to 70 years
 C) 2 to 90 years D) 2 to 75 years
38. Which of the following is a factor that is not measured in Stanford Binet 5?
 A) Verbal reasoning B) Knowledge
 C) Quantitative reasoning D) Visual spatial reasoning

39. The concept of Existential Intelligence that pertain to the ultimate concerns such as meaning of life, love, death and the human condition was put forth by
 A) Goldstein B) Gardner C) Bernstein D) Guilford
40. The paraventricular nucleus which is very sensitive to neuropeptide Y helps to keep steady the
 A) Blood sugar level B) Water level
 C) Protein level D) None of these
41. Apart from eating habits, a key element in behavioural dieting is
 A) Exercise B) Programmed snacking
 C) Better eating cues D) Starving
42. Which of the following is the phobia for darkness?
 A) Astraphobia B) Aerophobia
 C) Nyctophobia D) Xenophobia
43. Which of the following often contradict known medical facts?
 A) Dissociative symptoms B) Conversion symptoms
 C) Associative symptoms D) Reaction formation
44. Anxiety disorders are considered as the outcome of a faulty self image by
 A) Cognitive theorists B) Psychodynamic theorists
 C) Behaviouristic theorists D) Humanistic theorists
45. The main difference between Bipolar I and Bipolar II disorder is that
 A) Manic disorders are literally absent in Bipolar I
 B) Manic episodes are mild in Bipolar II
 C) Depressive episodes are mild in Bipolar I
 D) Manic and Depressive episodes are equal in Bipolar I
46. Mild depression that usually lasts for a short period of time after child birth is referred to as
 A) Postpartum depression B) Maternity Blues
 C) Reactive depression D) None of these
47. Which of the following is not associated with Seasonal Affective Disorder?
 A) Over sleeping and difficulty in waking up
 B) Excessive talking
 C) Fatigue and craving for food
 D) Unsocial and inability to cope with everyday stresses
48. The invisible boundary that surrounds an individual and covers an area which is regarded as private and subject to personal control is known as
 A) Intimate distance B) Personal distance
 C) Social Distance D) Personal Space

49. The process of making inferences about the causes of one's own as well as other's behaviour is known as
 A) Critical Evaluations B) Critical Analysis
 C) Critical Processing D) Attributions
50. The tendency for opting to perform under conditions that usually impair performance so as to justify poor performance is known as
 A) Self handicapping B) Self monitoring
 C) Self delineating D) Self declining
51. In a social situation, transferring of attention, information, affection, favours and the like, between two people is known as
 A) Social interactions B) Social exchanges
 C) Social stimulations D) Social transfers
52. Which of the following do not facilitate interpersonal attraction?
 A) Social Costs B) Social Similarity
 C) Social Proximity D) Social Competence
53. The therapy that helps people to rebuild their thinking, feeling and acting into connected wholes is
 A) Existential therapy B) Gestalt therapy
 C) Client centered therapy D) Cybertherapy
54. Which of the following is not true of token economies?
 A) Radical change in overall adjustment and morale is instigated
 B) It empowers the recipients
 C) When a switch from tokens to social rewards occur, token economies become ineffective
 D) It can be applied effectively with mentally ill, retarded and delinquents
55. Which of the following do not emphasize the value of cognitive approach to therapy?
 A) Covert sensitization
 B) External rewards
 C) Thought stopping
 D) Covert reinforcement
56. Which of the following is not true of psychotherapy?
 A) Provides a rigid perspective to the client regarding the self and the environment
 B) A therapeutic alliance characterised by warmth and care is present
 C) A protected setting is offered
 D) Appropriate explanations and rationale are provided during the course of therapy

57. The term 'door in the face effect', which denotes the tendency for a person who has refused a major request to agree to a smaller request, has been coined by
 A) Cialdini B) Thomas Moriarty
 C) Goldstein D) C.P.Snow
58. Proxemics pertains to:
 A) Study of interpersonal behavioural comparisons
 B) Study of personal relationships
 C) Study of personal space
 D) Study of interpersonal attractions
59. An authoritarian group in which the leader's personality is more important than the beliefs she/he practices is known as
 A) Ethnic group B) Cult
 C) Cliques D) Administrators
60. The tendency to place one's own cultural group at the centre and viewing all other groups in relation to one's own perspective is known as
 A) Group thinking B) Dogmatism
 C) Ethnocentrism D) Group prejudice
61. Jigsaw classrooms are aimed at
 A) Fostering social facilitation
 B) Encouraging mutual help
 C) Reduction of prejudice among students
 D) Creation of equality in status
62. Recognition and acceptance of human diversity is best exemplified in the term
 A) Ethnocentrism B) Multiculturalism
 C) Cognitive Resonance D) Ethnic tolerance
63. Stereotaxic Apparatus is used for studying the
 A) Lungs B) Muscles
 C) Brain D) Spleen
64. According to Maslow, people who have achieved high levels of self- actualisation are
 A) Mentally intelligent B) Physically healthy
 C) Psychologically healthy D) Well adjusted
65. The ancient art of judging human personality from facial features is known as
 A) Morphology B) Physiology
 C) Physiognomy D) Psychology
66. Progressive dementia caused by atrophy of the cerebral cortex is known as
 A) Pick's disease B) Dementia praecox
 C) Alzheimer's' disease D) Amnesia

67. Polygenic model is a theory in
 A) Lie Detection B) Genetics
 C) Psychology D) Sociology
68. Post hallucinogen perceptual disorder is associated with
 A) Schizophrenia B) LSD use
 C) General Drug abuse D) Epilepsy
69. The tendency for the characteristics associated with a specific gene to manifest itself in subsequent organisms of the species is referred by the term
 A) Transmission B) Enrichment
 C) Penetrance D) Extension
70. The principle behind instructing someone who is afraid of crowds to go into a crowd and concentrate on feeling as fearful as possible is known as
 A) Paradoxical intention B) Flooding
 C) Implosion D) None of these
71. The hallucinogenic drug that is popularly known as 'Angel Dust' is
 A) LSD B) Marijuana
 C) Phencyclidine D) Opium
72. The legal doctrine that gives power to the state to act in what it believes to be of the best interest of an incapacitated adult or minor is known as
 A) Legal Justice B) Legal Law
 C) Legal Dictate D) Parens Patriae
73. Primary process thinking is characteristic of the
 A) Id B) Ego
 C) Superego D) Well adjusted personality
74. In psychotherapy research, an attempt is made to understand
 A) What happens during the course of therapy
 B) The desirability of the outcome
 C) The facilitative factors
 D) The debilitating factors
75. Psychopharmacology aims at understanding the effect of drugs on
 A) General thinking B) General health
 C) Psychological functions D) Physical functions
76. Study of the relationship between changes in immune system functioning and psychological events is known as
 A) Psychoimmunology B) Psychoneuroimmunology
 C) Neuro psychology D) Immunology

97. Which of the following is the important basis for parametric statistical tests?
 A) Scatter of scores
 B) Scores with very high values towards one end
 C) Scores with very low values towards one end
 D) Normal distribution of scores
98. In a normal distribution,
 A) The mean, median and mode will be different
 B) The mean, median and mode will be the same
 C) Mean will be more than the median and mode
 D) Mode will be more than median and mean
99. Which of the following is not a part of the Pandemonium model of hierarchical organization of bottom up processing of cognition?
 A) Sub demons
 B) Cognitive demons
 C) Decision demons
 D) Implementation demons
100. The nonverbal cues that are used during speech and include speech sounds such as er, um, timing of utterances or inflections and accents are known as
 A) Paralanguage
 B) Linguistic mysteries
 C) Utterances
 D) Tonal punctuations
101. The Personal Construct model in which 'man is perceived as a scientist' was proposed by
 A) Maslow
 B) Carl Rogers
 C) George Kelly
 D) Lewin
102. An approximate scale which attempts to chart an evolutionary progression through different types and groups of species to human beings is referred to as
 A) Ontogenic scale
 B) Evolutionary Scale
 C) Species Scale
 D) Phylogenetic Scale
103. The perception of internal rather than the external sensory information is labelled as
 A) Proprioception
 B) Self Perception
 C) Meta cognition
 D) Meta perception
104. Which of the following personality dimension is identified to be related to creativity by Welsch?
 A) Origence
 B) Type A
 C) Self Monitoring
 D) Introversion
105. Q sort technique was devised by
 A) J.P.Guilford
 B) Raymond Cattell
 C) Hans Eysenck
 D) William Stephenson

106. The scientific principle which states that “given a choice between two possible solutions or explanations for a given problem, the simple one is to be accepted” is known as
- A) Occam’s razor B) Order effect
C) Object relations theory D) Operant principle
107. Which of the following is not true of DAT?
- A) It is a culture free test
B) It provides a relative measure of pattern of aptitudes in an individual
C) It can be used for separate as well as overall pattern of aptitudes
D) It can be used for vocational as well as educational guidance setting
108. Randomisation, matching and counterbalancing are techniques for controlling the
- A) Error variance B) Experimental variance
C) Extraneous variance D) Performance
109. Which of the following is not a parametric test?
- A) Analysis of variance B) t- test
C) Chi-square D) Multivariate analysis
110. Which of the following is a sensitivity group experience?
- A) When members participate both individually and as a group to change destructive relationships and communication patterns
B) Gets involved in exercises designed to increase self awareness and sensitivity to others
C) Intense emphasizing of honest inter-exchanges among participants regarding feelings and reactions to others
D) Engage in a number of programmes that claim to increase self awareness and facilitate constructive personal change
111. The error of attributing human thoughts, motives or feelings to animals while explaining their behaviour is known as
- A) Fundamental Attribution Error
B) Anthropomorphic Error
C) Experimental Error
D) Generalisation Error
112. Meta analysis is a statistical technique for combining
- A) The results of many studies with regard to the same subject
B) The results of many studies with regard to different subjects
C) The results of a single study with regard to the same subject
D) None of the above
113. A procedure used to control both the placebo effect and the experimenter effect in drug experiment is
- A) Correlational Method B) Extraneous Prophecy
C) Double-Blind technique D) Random arrangement of subjects

114. Hyperphagia is an eating disorder that is associated with a lesion of the
A) Lateral hypothalamus B) Brain
C) Spinal cord D) Ventromedial hypothalamus
115. The characteristic tendency of some persons with mental disorders to ascribe the cause of their condition to external events is referred to as
A) Spotting B) Ideas of reference
C) Illusory relations D) None of these
116. Electronic devices that permit non-invasive study and depiction of brain structure and functions are called
A) Neurological instruments B) Neuropsychological instruments
C) Neuroimaging instruments D) None of these
117. The percentages of all the scores in a distribution that lie below a given score is known as
A) Cumulative percentages B) Percentiles
C) Percentile ranks D) Percentage Status
118. Parvo cells are ganglion cells found throughout the
A) Retina B) Brain
C) Ear D) Muscular system
119. Near permanent retention of some kinds of items in memory mostly involving semantic or general knowledge like multiplication tables is known as
A) Long term memory B) Procedural memory
C) Semantic memory D) Permastore
120. A measure of the variability of the means around the population mean is known as
A) Standard deviation B) Standard error of the estimate
C) Scatter D) Skewness
