

1. The process is an action research model designed to understand known problems, set measurable goals, implement changes, and analyze results is:
 - A) Organisational behaviour
 - B) Organisational development
 - C) Management by objective
 - D) Administrative research
2. The term "development communication" was coined by:
 - A) Wilbur Schramm
 - B) Daniel Lerner,
 - C) Nora C Quebral
 - D) Everett Rogers
3. Supply of human and material resources and helps to achieve the objective of the organization is:
 - A) Management
 - B) Control
 - C) Planning
 - D) Organisation
4. A family of procedures to identify the content of a job in terms of the activities that involves in addition to the attributes or requirements necessary to perform those activities is:
 - A) Human Resource planning
 - B) Job design
 - C) Job analysis
 - D) Job evaluation
5. Foreign Contribution means donation delivery or transfer by foreign source of :
 - A) Article (not gift for personal use) worth more than Rs. 25000/-
 - B) Security
 - C) Currency – Indian or foreign
 - D) All the above
6. Cross cultural studies are an example of:
 - A) Comparative design
 - B) Case study design
 - C) Longitudinal design
 - D) Experimental design
7. If there is a very strong correlation between two variables then the correlation coefficient must be
 - A) Much smaller than 0, if the correlation is negative
 - B) Any value larger than 1
 - C) Much larger than 0, regardless of whether the correlation is negative or positive
 - D) None of these alternatives is correct
8. Match List 1 with List 2

a. Explanatory	1. Macro level analysis attempted for the data
b. Cross-sectional	2. Quantitative and qualitative data are gathered and integrated
c. Triangulation	3. Retrospective analysis of history of a unit
d. Longitudinal	4. Qualitative data is gathered first and same is predominate later

 - A) a-2, b-3, c-1, d-4
 - B) a-4, b-3, c-2, d-1
 - C) a-2, b-4, c-1, d-3
 - D) a-4, b-1, c-2, d-3

9. Choose the correct sequence of intervention research:
- A) Identification of problem-Selection of Research design- Need Assessment - Pre-intervention data-Intervention-Post intervention data-drawing inference
- B) Identification of problem-Need Assessment-selection of Research design-- Intervention - Pre-intervention data -Post intervention data-drawing inference
- C) Identification of problem-selection of Research design- Need Assessment - Intervention-Pre-intervention data- Post intervention data-drawing inference
- D) Identification of problem-Need Assessment-selection of Research design-Pre-intervention data-Intervention-Post intervention data-drawing inference
10. Ethno-methodological study is:
- A) Analytical study B) Experimental study
- C) Philosophical approach D) Sociological approach
11. Qualitative research is associated with
- A) Emphasis on greater sample
- B) Unstructured, flexible methodology
- C) Structured rigid methodology
- D) Measurement of variables
12. Who challenged “Is Social Work a Profession?” at the National Conference of Charities and Corrections?
- A) Gordon Hamilton B) Abraham Flexner
- C) Jane Adams D) Mary Richmond
13. Match List 1 (Mile stones in the history of social work) with List 2. (Persons related to it):
- | | |
|---|--------------------|
| a. Settlement Home | 1. Ida B Wells |
| b. Jewish Family and Children’s Service of Colorado | 2. Alfred Neumann |
| c. World of occupational social work | 3. Frances Feldman |
| d. Racial issues of African Americans | 4. Jane Addams |
- A) a-4, b-1, c-3, d-2 B) a-4, b-3, c-1, d-2
- C) a-4, b-2, c-3, d-1 D) a-1, b-2, c-3, d-4
14. An early attempt to draft a code of ethics for Social work is credited with:
- A) Jane Addams B) Mary Richmond
- C) Patricia McGrath D) Reamer Frederic
15. The first legislation for social security in India was concerned with:
- A) Provident Fund B) Child Labour
- C) Maternity Benefit D) Workmen compensations
16. Assertion (A): The absence of social justice results in social oppression.
Reason (R): Social workers apply strategies to advance growth and changes among vulnerable groups.
- A) Both (A) and (R) are correct
- B) Both (A) and (R) are not correct
- C) (A) is correct, but (R) is not correct
- D) (A) is not correct, but (R) is correct

17. Assertion (A): Social Justice and Social Work cannot be separated
Reason (R): The primary mission of Social work profession is to enhance human well-being and help meet the basic human needs of all people, especially people who are vulnerable, oppressed and living in poverty.
- A) Both (A) and (R) are not correct
B) (A) is correct, but (R) is not correct
C) (A) is not correct, but (R) is correct
D) Both (A) and (R) are correct
18. Choose the correct sequence of history of Social Work:
- A) Charity Organisation Society, Hull House, Settlement House Movement, Neighbourhood Guild, Children's Bureau
B) Charity Organisation Society, Settlement House Movement, Hull House, Neighbourhood Guild, , Children's Bureau
C) Charity Organisation Society, Settlement House Movement, Children's Bureau, Neighbourhood Guild, Hull House,
D) Charity Organisation Society, Settlement House Movement, Neighbourhood Guild, Hull House, Children's Bureau
19. The UNCRC stands for:
- A) United Nations Convention on the Rights of Children
B) United Nations Congress on the Rights of the Child
C) United Nations Convention on the Rights of all Children
D) United Nations Convention on the Rights of the Child
20. The process of examining a problem to determine its cause, severity, and course which is necessary to design an effective intervention plan is:
- A) Psycho-social study B) Assessment
C) Evolution D) Social diagnosis
21. Who among the following is associated with "Ghar Bachao Ghar Banao Andolan?"
- A) Anna Hazare B) Jyotiba Phule
C) Medha Patkar D) Baba Amte
22. The part of constitution of India which includes the concept of welfare states:
- A) Fundamental Rights B) Directive principles
C) Fourth schedule D) Preamble
23. The Constitution of India was enacted by the Constituent Assembly set up-----.
- A) Under the Cabinet Mission Plan, 1946
B) By the Indian National Congress
C) Through a resolution of the Provisional government
D) Under the Indian Independent Act, 1947

31. The Outcome of a project can be measured by:
- A) The degree to which project disbursements are on track
 - B) The effect a project has on its clients' behavior or performance
 - C) The leading indicators of Goal level results
 - D) The degree to which the project's Outputs are completed on a timely basis
32. Choose the statements which are true:
1. The End-of-Project success is measured at the outcome level
 2. All of the conditions necessary for the project's success must be fully under the control of project management
 3. Although the project management team is concerned about and focused on Outcome achievement, its Manageable Interest (real accountability), is related to the achievement of the Outputs
 4. The Outcome of a project is outside the manageable interest of the project management.
- A) 1, 2 & 3 only
 - B) 2, 3 & 4 only
 - C) 1, 2 & 4 only
 - D) 1, 3 & 4 only
33. Choose the correct sequence of Logical Framework Approach:
- A) Getting to know the context- Identifying the stakeholders- Choosing the project's main strategy -Formulating the objectives tree – problem tree analysis-verifying the project design-Formulating the logframe
 - B) Identifying the stakeholders- Getting to know the context- Choosing the project's main strategy -Problem tree analysis- Formulating the logframe- Verifying the project's design
 - C) Problem tree analysis-formulating objectives-choosing projects main strategy-getting to know the context-formulating the logframe-verifying the project design
 - D) Getting to know the context- Identifying the stakeholders- Problem tree analysis-Formulating the objectives tree- Choosing the project's main strategy- Formulating the logframe- Verifying the project's design
34. The colour used to show the actual progress in bar charts:
- A) Red
 - B) Green
 - C) Blue
 - D) Yellow
35. PERT analysis is based on:
- A) Pessimistic time
 - B) Optimistic time
 - C) Most likely time
 - D) All the above
36. CPM in project management is based on:
- A) Event oriented technique
 - B) Time oriented technique
 - C) Activity oriented technique
 - D) Target oriented technique
37. Bar chart in CPM was introduced by:
- A) Jane Gantt
 - B) Williams Henry
 - C) Greta Jensen
 - D) Henry Gantt

38. Match List 1 with List 2
- | | | |
|---------------------------|----|---|
| a. Delphi Method | 1. | Prospective hazards analysis method that uses structured brainstorming with guide words |
| b. Swift analysis | 2. | Used to arrive at a group opinion by surveying a panel of experts. |
| c. Decision Tree Analysis | 3. | A graphic representation of various alternative solutions available to solve a given problem |
| d. Backtracking Method | 4. | Algorithmic-technique for solving problems recursively by trying to build a solution incrementally, |
- A) a-2, b-3, c-1, d-4 B) a-4, b-3, c-2, d-1
 C) a-2, b-1, c-3, d-4 D) a-4, b-1, c-2, d-3
39. According to Rogers, the ability of the therapist to share the client's emotions is an important process called
- A) Reflection B) Empathy
 C) Catharsis D) Unconditional positive regard
40. Assertion (A): The Constitution of India does not allow the Chairman of a State Public Service Commission to take up any further employment under the Union / States Government.
 Reason (R): The constitution is keen to ensure the independence of the Public Service Commission members.
- A) Both (A) and (R) are not correct
 B) (A) is correct, but (R) is not correct
 C) (A) is not correct, but (R) is correct
 D) Both (A) and (R) are correct and R is the correct explanation of (A)
41. Which among the following is **not** the modern source of Hindu Law?
- A) Judicial Decisions B) Equity, Justice and Good Conscience
 C) Legislation D) Customs
42. "Directive principles of State Policy are like a cheque on a Bank payable at the convenience of the bank." Who made this observation?
- A) B R Ambedkhar B) K. M Munshi
 C) Jawaharlal Nehru D) Prof. K. T Shah
43. The Hindu Marriage Act, 1955 provides the extend of Sapinda Relationship to --- degrees in line of ascent through father and ---- degrees in line of ascent through mother
- A) 3 and 2 B) 3 and 4 C) 4 and 5 D) 5 and 3
44. Assertion (A): The Judges of a High Court cannot be transferred
 Reason (R): The independence of judges of High Court is sought and maintained by the Constitution.
- A) Both (A) and (R) are correct and R is the correct explanation of A
 B) Both (A) and (R) are correct and R is not the correct explanation of A
 C) (A) is not correct, but (R) is correct
 D) (A) is correct, but (R) is not correct

45. Which of the following are essentials of a valid Muslim marriage?
1. Sound mind and attained the age of puberty i.e. age of 15 years, may enter into a contract of marriage.
 2. A proposal made by or on behalf of one of the parties and acceptance of that proposal by or on behalf of the other party.
 3. Proposal and acceptance of marriage must be in presence and hearing of two male witnesses who must be Muslims and are of sound mind and major.
 4. Writing and religious ceremony is required.
- A) 1, 3 & 4 only B) 1, 2 & 4 only C) 2, 3 & 4 only D) 1, 2 & 3 only
46. Suppression, regulation and prohibition of visual and audio matter in media that people consider as offensive and obscene is termed as:
- A) Social censorship B) Cultural censorship
C) Ethical censorship D) Moral censorship
47. The educational foundation for community organization in social work is:
- A) Lane Report in 1939
B) Great depression of 1920s
C) Published of Social Diagnosis in 1917
D) The National Conference of Charities and Corrections in 1915
48. It is the phase of community organizing that is the formation of more formal structure and the inclusion of more formal process of planning, implementing and evaluating of community wide activities
- A) Pre-entry Phase
B) Entry Phase
C) Organising – Building phase
D) Sustenance and Strengthening phase
49. The most ‘controversial’ and yet the most challenging method of social work profession.” is:
- A) Social Welfare administration
B) Social Research
C) Community Organisation
D) Social action
50. Which among the following is NOT the type of relationships between client system and change agent system according to Pincus and Minahan?
1. Collaboration 2. Bargaining
 3. Conflictual 4. Compromising
- A) 1,2 &3 only B) 2 &3 only C) 1 & 3 only D) 1,2 & 4 only
51. Choose the correct statements:
1. Methods of social work practice like casework and group work developed in the west
 2. Problems in the west were mainly psychosocial in nature, more focused to individual behaviour and social interactions
 3. Development of Freudian psychoanalytical and Erickson’s psychosocial theories.
- A) 1, 2 & 3 B) 2 & 3 only C) 1 & 3 only D) 1&2 only

52. Which among the following do not belong to Popular social action types
 A) Direct mobilization model B) Dialectical model
 C) Conscientization model D) Institutional Model
53. The approach that emphasizes the personality of the leader to study of leadership is:
 A) Trait theories B) Group theories
 C) Inspirational theories D) Contingency theories
54. Assertion (A): Many schools does not have a macro concentration, and almost all have a low percentage of macro course offerings
 Reason (R): One of the reasons is that the curriculum is primarily clinical.
 A) Both (A) and a(R) are true and (R) is the correct explanation of (A)
 B) Both (A) and (R) are true and (R) is not the correct explanation of (A)
 C) (A) is true but (R) is false.
 D) (A) is false but (R) is true.
55. Welfare administration is referred to:
 A) System of administration for social welfare
 B) Method of policies governance
 C) Translating social policies into a welfare program
 D) All the above
56. Which among the following is not the category of administration according to Henry Fayol?
 A) Command B) Coordination C) Supervision D) Organisation
57. Theory X deals with ----- kind of leadership.
 A) Participative B) Democratic C) Authoritarian D) Paternalistic
58. Match List 1 with List 2
 a. System Approach 1. Frederick Taylor
 b. Human Relations Approach 2. Chester Bernard
 c. Scientific Management 3. Elton Mayo
 d. Bureaucracy 4. Max Weber
 A) a-2, b-3, c-1, d-4 B) a-1, b-4, c-2, d-3
 C) a-2, b-4, c-1, d-3 D) a-2, b-3, c-4, d-1
59. Comparing non-profit organizations to for-profit organizations, which of the following statements is **not** correct?
 A) The mission statement of non-profit organizations usually revolves around being the best in a particular sector.
 B) With not-for-profit 'products', there is typically a weaker unique selling proposition.
 C) Price has different connotations in not-for-profit situations
 D) In the not-for-profit environment, it may be necessary to develop a campaign to drive behaviour in all targets rather than a specific audience

68. Assertion (A): Group interaction should be guided for accomplishment of group goals.
Reason (R): There is a need for free interaction among group members without any guidance.
- A) Both (A) and (R) are true and (R) is the correct explanation of (A)
B) Both (A) and (R) are true and (R) is not the correct explanation of (A)
C) (A) is true but (R) is false
D) (A) is false but (R) is true
69. Programme planning in group work practice includes
- A) Group members participates
B) Group members interests
C) The programme contents
D) All the above
70. Responsibility for the choice of programme in group work rests with:
- A) Members of the group
B) Group worker
C) The Agency
D) Members of the group with the help of group worker
71. Assertion (A): In the beginning the worker should place emphasis on warmth and friendliness rather than on group organization or planning.
Reason (R): The greatest single element in the beginning stages of work with the group is the worker's ability to accept the group as it is, with both strengths and limitations, positives and negatives.
- A) Both (A) and (R) are true and (R) is the correct explanation of (A)
B) Both (A) and (R) are true and (R) is not the correct explanation of (A)
C) A is true but (R) is false.
D) (A) is false but (R) is true.
72. The Gurgaon Experiment was popularized by:
- A) Bryan B) S. K Dey C) Hatch D) Vinobhave
73. What is the forerunner of community practice today?
- A) Charity organisation Society B) Friendly visitors
C) Play ground movement D) Settlement House Movement
74. Assertion (A): The State promotes, with special care, the educational and economic interests of Scheduled Tribes and Scheduled Castes
Reason (R): The Welfare State's primary functions include Protection and promotion of Social justice for the weaker and under privileged sections.
- A) Both (A) and (R) are correct and R is the correct explanation of A
B) Both (A) and (R) are correct and R is not the correct explanation of A
C) (A) is not correct, but (R) is correct
D) (A) is correct, but (R) is not correct

75. An effective ceiling price will:
 A) Result in a product shortage
 B) Clear the Market
 C) Result in a product surplus
 D) Encourage new firms to enter the industry
76. In which following instance will both the quantity and the equilibrium price rise?
 A) When demand and supply decline, but decline in the demand exceeds the decline in supply.
 B) When demand and supply increase, but the rise in demand exceeds the rise in supply.
 C) When demand and supply decline, but the decline in supply exceeds decline in the demand
 D) When demand and supply increase, but the rise in supply exceeds the rise in demand
77. Which of the following statements about factors of production is false?
 A) The factor of production termed labour means human resources
 B) The factor of production termed land means natural resources
 C) The factor of production termed capital means the money which the owners of firms need in order to set their firms up.
 D) The term 'factors of production' is another term for resources.
78. In a capitalist economy prices are determined by:
 A) Corporates B) Government C) Market forces D) Competition
79. Which programme gives the slogan of Garibi Hatao?
 A) 3rd five year plan B) 5th five-year plan
 C) 6th five year plan D) 7th five-year plan
80. Match List 1 with List 2
- | | |
|---------------------------|---|
| a. Autonomous Consumption | 1. The desired savings during the period of one year. |
| b. Induced Investment | 2. An investment which is not influenced by expected Profitability. |
| c. Autonomous Investment | 3. It is the consumption expenditure when income is 0 |
| d. Ex-ante saving | 4. An investment which is influenced by expected Profitability |
- A) a-4, b-1, c-3, d-2 B) a-3, b-4, c-2, d-1
 C) a-3, b-2, c-4, d-1 D) a-1, b-2, c-3, d-4
81. Identify the broad approaches to eclecticism:.
- | | |
|-----------------------------|----------------------------|
| 1. Technical eclecticism | 2. Theoretical integration |
| 3. Assimilative integration | 4. Common factors |
- A) 1 & 3 only B) 2 & 4 only C) 1, 2 & 3 only D) 1, 2, 3 & 4

82. Interviewing requires:
- A) Ability to communicate
 - B) Ability to relate
 - C) Ability to listen and note down
 - D) All the above
83. Group polarization refers to the tendency whereby
- A) Groups make decisions that are more extreme than the individuals' opinions
 - B) Members of a deliberating group move toward a more extreme point in whatever direction is indicated by the members' predeliberation tendency
 - C) Conflict of individuals' extreme opinions causes the group to side with the majority
 - D) The opinions of the minority shift to the majority groups make decisions that are less extreme than the individuals' opinions.
84. According to Sociologist, primary group displays
- A) Social Security
 - B) Social structure
 - C) Personal orientation
 - D) Human Development
85. In which of the five stages of group development suggested by Tuckman well-established and the team is mature, organized, and well-functioning.
- A) Forming
 - B) Norming
 - C) Performing
 - D) Disbonding
86. The presence of a heterogeneous mix of individuals within a group is called:
- A) Maintenance grouping
 - B) Task-oriented grouping
 - C) Treatment-oriented grouping
 - D) Group diversity
87. Identify the major styles of conflict management by Thomas Kilmann
1. Collaborating
 2. Competing
 3. Avoiding
 4. Accommodating
 5. Compromising
- A) 1 & 3 only
 - B) 2 & 4 only
 - C) 1, 2, 3 & 4 only
 - D) 1, 2, 3, 4 & 5
88. Choose the correct statements:
1. Morale refers to the attitude of a person towards his work and environment
 2. According to Prof. Jucius, morale consists of: What is it? What does it do? Where does it reside? Whom does it affect? and what does it affect?
 3. Individual morale is more important than group morale in social group work
- A) 1 & 2 only
 - B) 2 & 3 only
 - C) 1 & 3 only
 - D) 1, 2 & 3
89. Recognition and understanding of each client's unique qualities and the differential use of principles and methods in assisting each toward a better adjustment is:
- A) Principle of acceptance
 - B) Principle of individualization
 - C) Principle of Non-judgmental attitude
 - D) Principle of starting with client's pace

90. Assertion (A): Generalist perspective of social work has promoted a focus on empowerment and the strength perspective
Reason (R) Clinical social work has drifted away from the historical helping profession that advocates the importance of a collaborative, warm, empathic, supportive worker–client relationship
- A) Both (A) and (R) are true and (R) is not the correct explanation of (A)
B) Both (A) and (R) are true and (R) is the correct explanation of (A)
C) (A) is true but (R) is false.
D) (A) is false but (R) is true.
91. Match List 1 with List 2
- | | |
|--|-------------------------|
| a. Social Case Work: An introductory description | 1. Helen Harris Perlman |
| b. Theory and Practice of Social Case Work | 2. Mary Richmond |
| c. Social Casework: A Problem-Solving Process | 3. Noel Timms |
| d. Language of social casework. | 4. Gordon Hamilton |
- A) a-4, b-2, c-3, d-1 B) a-1, b-4, c-2, d-3
C) a-2, b-4, c-1, d-3 D) a-2, b-3, c-1, d-4
92. Casework consists of “those processes which develop personality through adjustments consciously effected, individual by individual, between man and their social environment” is the definition given by:
- A) Helen Harris Pearlman B) Gordon Hamilton
C) Werner W. Boehm. D) Mary Richmond
93. Choose the correct statements:
- Hollis has described worker-client relationship as the “Major determinant” of helping process
 - Biestek has described worker-client relationship as the “Soul” of helping endeavour
 - Pearlman has described worker-client relationship as the “heart” of helping process
 - Utilization of crisis intervention methods can help restore one's mental state and prevent any psychological trauma immediately following a crisis.
- A) 2, 3 & 4 only B) 3 & 4 only C) 2 & 3 only D) 1, 2, 3 & 4
94. Select the correct sequence of evolution of Panchayat Raj.
- National Extension Service
 - Ashok Mehta Committee Report
 - Balwant Rai Mehta Committee Report
 - 73rd Amendment of the Constitution
- A) 2, 3, 1, 4 B) 1, 3, 4, 2 C) 4, 3, 2, 1 D) 1, 3, 2, 4
95. In India, coins are issued by:
- A) Reserve bank of India
B) Ministry of finance
C) Ministry of urban development
D) State bank of India

96. Assertion (A): Growth and social justice is the central objective of Indian plans.
Reason (R): India opted for planning to utilize available resources efficiently and to establish social justice.
- A) Both (A) and (R) are true and (R) is the correct explanation of (A)
B) Both (A) and (R) are true and (R) is not the correct explanation of (A)
C) (A) is true but (R) is false.
D) (A) is false but (R) is true.
97. Match List 1 (Organizations) with List 2 (Headquarters)
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|---------------|---------------|
| a. TRIPS | 1. Mexico |
| b. World Bank | 2. Morocco |
| c. GATT | 3. Washington |
| d. G20 | 4. Geneva |
- A) a-1, b-4, c-3, d-2 B) a-2, b-4, c-1, d-3
C) a-3, b-2, c-4, d-1 D) a-2, b-3, c-4, d-1
98. The way sensory information is organized, interpreted, and consciously experienced is termed as:
- A) Sensation B) Perception
C) Transduction D) Sensory Adaptation
99. Cues that require two ears are referred to as:
- A) Monaural cues B) Monocular cues
C) Binaural cues D) Binocular cues
100. A circadian rhythm is a biological rhythm that takes place over a period of:
- A) 28 days B) Two weeks C) One week D) About 24 hours
101. Match List 1 with List 2
- | | |
|--|-----------------------|
| a. The process in which we accept standards to be true to avoid scrutiny. | 1. Reaction formation |
| b. Attribution of our negative self-concepts of our self onto others. | 2. Introjection |
| c. The process of masking negative emotions or self-concepts by doing the exact opposite | 3. Projection |
| d. The process of taking negative self-concepts and diverting them into more socially acceptable | 4. Sublimation |
- A) a-1, b-2, c-3, d-4 B) a-2, b-4, c-1, d-3
C) a-3, b-1, c-2, d-4 D) a-2, b-3, c-1, d-4
102. The counselor who consistently behaves in accordance with his values and perception exhibit the trait called:
- A) Congruence B) Genuineness
C) Empathy D) Unconditional positive regard

103. The concept of 'grand-generativity' refers to:
- A) Having grandchildren
 - B) Younger generations teaching those in older generations to understand new concepts relating to changes in the modern world
 - C) The creation of large and significant projects that contribute to wider society
 - D) People developing their abilities and transmitting knowledge and values to younger generations in later life.
104. Which among the following is NOT a general philosophical preposition of counseling?
- A) Counselling enable person-environment fit
 - B) Counselling considers physical and psychosocial environment
 - C) Counselling is a clearly defined relationship
 - D) It aims to promote human growth and development
105. Problem solving model was developed by:
- A) Helen Perlman
 - B) Mary Richmond
 - C) Carl Rogers
 - D) Jessie Taft
106. "The Casework Relationship" is a seminal work in the social work literature. Who is the author of the book?
- A) Virginia Robinson
 - B) Felix Biestek
 - C) Gordon Hamilton
 - D) Helen Harris Pearlman
107. Choose the correct sequence of social case work process as explained by Taber & Taber (1985):
- A) Exploration-Engagement- Planning-Intervention-Evaluation-Disengagement
 - B) Planning- Engagement-Exploration- Intervention-Evaluation-Disengagement
 - C) Engagement-Exploration-Planning-Intervention-Evaluation-Disengagement
 - D) Exploration-Planning-Engagement- Intervention-Evaluation-Disengagement
108. Match List 1 with List 2
- | | |
|---------------------------|------------------------------------|
| a. Hypostress | 1 Direct Way of Coping with stress |
| b. Problem focused coping | 2. Defense Mechanism |
| c. Emotion focused coping | 3. . Lack of challenging work |
| d. Two negative goals | 4. Avoidance-Avoidance Conflict |
- A) a-1, b-4, c-3, d-2
 - B) a-2, b-4, c-1, d-3
 - C) a-3, b-1, c-2, d-4
 - D) a-2, b-3, c-4, d-1
109. A method of learning that involves the conditioning of new stimuli to existing response is:
- A) Classical Conditioning
 - B) Operant Conditioning
 - C) Modelling
 - D) Counter conditioning
110. In an agoraphobic client, a counselor uses systematic desensitization to reduce:
- A) Depression
 - B) Anxiety
 - C) Mania
 - D) Psychosis

111. According to Adler's theory of Individual Psychology, when an individual's 'real self' and 'self-ideal' do not match
- The individual will seek ego gratification
 - Individual becomes extroverted than introverted
 - Feeling of inferiority arise
 - Form a behavioural stand point
112. "Empty Chair" is a group technique used by counselors in:
- Behavioural
 - Transactional Analysis
 - Directive counselling
 - Gestalt
113. Match List 1 with List 2
- | | |
|-------------------|------------------------------|
| a. Gordon Allport | 1. Family Constellation |
| b. Alfred Adler | 2. Cognitive dissonance |
| c. Leon Festinger | 3. Introversion-Extroversion |
| d. Carl Jung | 4. Traits and values |
- a-1, b-2, c-3, d-4
 - a-2, b-4, c-1, d-3
 - a-4, b-1, c-2, d-3
 - a-4, b-3, c-1, d-2
114. Among the following which type of group counselor views people as basically positive and moving toward self-actualization?
- Psychoanalyst
 - Behavioural
 - Group centered
 - Directive
115. Match List 1 with List 2
- | | |
|----------------------|--|
| a. Explicit memory | 1. knowledge that can be consciously remembered |
| b. Episodic memory | 2. the first-hand experiences that we have had |
| c. Semantic memory | 3. our knowledge of facts and concepts about the world |
| d. Procedural memory | 4. Our often unexplainable knowledge of how to do things |
- a-1, b-4, c-3, d-2
 - a-2, b-4, c-1, d-3
 - a-1, b-2, c-3, d-4
 - a-2, b-3, c-4, d-1
116. Babies born with Down syndrome (trisomy-21) are often
- Blind
 - Unusually aggressive
 - Abnormally dwarf
 - Born to older parents
117. The 23rd pair of chromosomes is in male designated as---- and in female is designated as----.
- XY; XX
 - XX; XY
 - XO;XXY
 - XXY; XO
118. The five dimensions of Martin Seligman's PERMA model are:
- Patience, Energy, Reasoning, Management, Acceptance
 - Positive emotions, Engagement, Relationships, Meaning, Accomplishment
 - Polecat, Echidna, Rat, Mouse, Anteater
 - Placidity, Equitability, Resilience, Measurement, Adaptation

119. Choose the correct sequence of Kohlberg's stages of Moral Development:
- A) Obedience and Punishment-Individualism and Exchange-Maintaining Social Order-Developing Good Interpersonal Relationships-Social Contract and Individual Rights-Universal Principles
 - B) Obedience and Punishment- Maintaining Social Order-Individualism and Exchange-Developing Good Interpersonal Relationships-Social Contract and Individual Rights-Universal Principles
 - C) Obedience and Punishment-Individualism and Exchange-Developing Good Interpersonal Relationships-Maintaining Social Order-Social Contract and Individual Rights-Universal Principles
 - D) Obedience and Punishment-Individualism and Exchange-Developing Good Interpersonal Relationships-Social Contract and Individual Rights-Maintaining Social Order-Universal Principles
120. Which of the following are some of the 'crises' affecting social and emotional well-being in middle adulthood?
- A) Boredom with a chosen career
 - B) Children growing up and leaving home
 - C) Physical signs of ageing
 - D) All of these
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